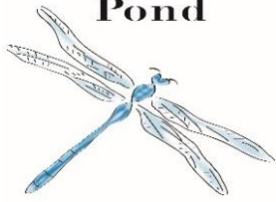


**Dragonfly
Pond**



FAMILY SOCIETY

The Pond

Winter 2022

Board of Directors

Michelle Allin

Rachel McWhirter

Nicole Baker

Victoria Umunna

Arianne Allen



Together We Will Fly....

Our programs are made possible by the generous support of

Community Granting organizations:

Community Foundation South Okanagan Similkameen, Ideal Energy Giveback Grant,

United Way Southern Interior, First West Endowment Fund, Canada Safeway

Dragonfly Pond Family Society

250-490-3305

dragonfly@vip.net www.dragonflypondsociety.com

PO Box 24077, Penticton B.C. V2A 8L9

Family Get Togethers

In October we met at Uplands on the field and did some Fall and Halloween crafts. We decorated mini pumpkins, rolled our pumpkins down the hill, raced our pumpkins, and enjoyed some outdoor time together.

November was our Landmark Cinemas Movie. Everyone had the choice of Encanto or Ghostbusters as their movie, and were able to enjoy popcorn and pop as well! Great movies and lots of fun for us, having the two theatres just to our group.

January was fun up at the Apex Mountain Tube Park again. While we could not gather, we had families out to have fun, and even got a bit of visiting in with me and each other.

February was a snowshoe, bonfire with s'mores, and tobogganing up at the Carmi Recreation trails. This was lots of fun for our small group and it was a beautiful day!



Christmas Celebration Packages

In 2021 we were unable to meet again in person for our Christmas Celebration, but we were able to create some amazing Christmas Packages to send out to our families to keep them busy and happy over Christmas.

These packages included: A cookie Decorating kit, a pre-built gingerbread house to decorate, crafts and activities with a supply package to ensure everyone had necessary supplies, a gift for each child in the family, a package of snacks to keep everyone fueled, and a package from Sprott Shaw Lunch with Santa that included crafts, snacks, and activities. 25 Families also elected to receive a Turkey Dinner hamper to support their Christmas Dinner!

Thank you to our sponsors for their contributions to our Christmas Celebration: Community Foundation South Okanagan Similkameen as our main funder, Safeway Canada for sponsoring our healthy snack packages, Valley First Simple Generosity Grant for funding our Turkey Dinner Hampers and Save on Foods for bringing in the items at cost, as well as Santa for being available for a visit with some of our families!

We hope everyone enjoyed their package, and had a great holiday season.



Crafts for families to complete!



Sprott Shaw Lunch with Santa Package



Turkey Dinner Hamper



Cookie Decorating Kit



Snacks from Safeway



Craft Supplies Kit



Pre-Assembled Gingerbread house

Dragonflies and Minnows Spring 2022

We have just opened registration for our Dragonflies and Minnows Spring program for 2022. It will run from March 28th to April 1st 2022. Please see our website at <https://dragonflypondsociety.com/dragonflies-and-minnows/> to register for the programs.

You can register for any or all that you want to take part in. Please be sure to include the names of all children that will be participating (this includes all siblings) as well as the name of a caregiver if the parent is not attending.

At the Community Centre- we will have the back 1/3 of the gymnasium. We will have tables with crafts and snacks, there will be open space for running and playing, soft equipment for playing and tumbling around, as well as the tricycles to zoom around on.

At all of the events we will have snacks for everyone, but please always bring water and your own snack or lunch to be sure you have what you need.

If you have any questions, please email Tricia at dragonfly@vip.net.



Donor Spotlight

Penticton Lakeside Resort and Conference Centre is a long standing supporter of Dragonfly Pond Family Society. They are one of the cornerstone hotels that provides an overnight stay for our Respite program. They also have been a strong supporter of our Fashion Show, allowing us to use the Conference Centre.



Thank You to the Penticton Lakeside Resort for all your years of support of what we do!!

Volunteer Opportunities & Events

Our Board of Directors

If you or anyone you know of is interested in joining our Board, please contact Tricia at dragonfly@vip.net for more details or to sign up. We are looking for board members that might be interested in the governance of Dragonfly Pond Society, as well as supporting our fundraising initiatives. We meet once a month for a board meeting, and correspond via email mostly.

Dragonflies and Minnows Spring and Summer

We will need volunteers to help with our Dragonflies and Minnow Spring and Summer Program. They will be needed to help at the Community Centre with the set up, running and take down of the gymnasium time. We will also need Volunteers for the Summer programs. Volunteers can be any member of our community, including individuals that have aged out of Dragonfly Pond, but would like to come back and support our programs.

If you would like to volunteer with a program or fundraiser, please contact program coordinator Tricia for more details @ 250-490-3305 or by emailing dragonfly@vip.net

QuickLink: (each issue, this section will provide a link to a resource for our families!)

Canadian Down Syndrome Society- World Down Syndrome Day

<https://cdss.ca/awareness/world-down-syndrome-day/>

World Down Syndrome Day (WDSD) is **March 21**. We encourage raising awareness about Down syndrome in your school and in the community and we appreciate your support.

Wear #LotsOfSocks!

Ask your students to wear colorful, fun socks on WDSD, it helps to raise awareness and puts some fun into the celebrations!

Share your celebrations!

Share your group pics with us at @CdnDownSyndrome on Twitter, Instagram and Facebook.

Use **#SeeTheAbility #WDSD #WorldDownSyndromeDay**

Please respect privacy when sharing images, especially photos with minors. Please follow your school or groups approval policies prior to sharing on social media.

Share amongst your community!

Ask a self-advocate role model in your community to present to your group or class in-person or virtually. Talk to local newspapers or local media personalities!

Look for Lights!

On March 21, keep your eyes open for landmarks around the city and across the country that are lit up in blue and yellow to recognize this important day. If you would like to make a lighting request in your community, reach out to awareness@cdss.ca and we could help you make the request. Tag and share photos of lights with **#WDSD #LotsOfLights**

DRAGONFLY POND FAMILY SOCIETY PROGRAMS ARE ALSO SUPPORTED BY...

United Way Southern Interior, Community Foundation South Okanagan Similkameen, Ministry of Child and Family Development, Lakeside Resort, Ramada Penticton Hotel & Suites, Sandman Hotel, The Coast Oliver Hotel, The Pasta Factory, Canada Safeway, Community Centre & Pool Staff, Okanagan Fest of Ale Society, Global Spectrum and the South Okanagan Events Centre, Husdon's Bay, The Barley Mill, Penticton Herald, The Boys and Girls club, OSNS, BCSPCA, Penticton Western, Elephant Island Winery, Tim Horton's, Sun-Rype, Knights of Pythias, Ideal Energy, First West Endowment Fund, JCI Penticton, private consultants, community members, family members, foundations, community agencies & service providers

